

A model village emerges

Case Study on HVCA and Hygiene Promotion Training

Project's Name: Community Mobilization Environment and Improvement (CMEI)

Project's Area: Kandal Village, Kampong Chhnang Province.

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At Kandal Village, located in Phsar Chhnang, Kampong Chhnang Town, is the target village of Integrated Urban Environment Management in Tonle Sap Basin Project, The PADEK and WEDC is implementing in three target villages in Kampong Chhnang supported by the Asian Development Bank. The project names Community Mobilization and Environments Improvement.

Mrs. Ke Sreng, 68 years old and her husband named In Din, 68 years old. There are five family members in this family with two women. Their families is working on growing crops such as corn, beans, cucumbers, Wink etc. In interviews by CMEI staff with this women, she said that her life, as well as other villagers 'lives, was less interested in health and hygiene. In fact, there is a lack of health knowledge.

Everyone is busy for thinking about how to have food for eating. So far, their family is drinking clean pipe water and before eating, the family is never care about hand washing with soap as well as after holding something.

For that reasons, her family members have poor health. They have diarrhoea and bowel disease. As for the environment around their house is not clean because it is tired of work and they wants to be home.

Later, in late October 2018, she attended in a training course on health and hygiene, including on understanding of climate change and adaptation provided by CMEI project staff. During the course, Ms. Ke Sreng is a participant who is active in asking key questions on the advantage of maintaining hygiene, environment hygiene, sanitation, water hygiene and personal hygiene. She vowed that after the training, she will continue spreading and practicing her knowledge to family, especially to the community villagers around her house and other people in the community.

According to a direct observation during the interview, the staff found that after receiving training course on general hygiene and personal hygiene and health, the results shown that there is clean housekeeping at home, well placed materials, toilet facilities and bathing room with good hygiene (soap and shampoo ... etc.) and furthermore boil water for drinking. More specifically, the following impending wealth embedded in her own



knowledge and the use of knowledge about personal hygiene, sanitation and clean environment made her a better understanding of how important related to their health. By using the knowledge from the training, Ke Sreng provided education, advice, explanation to family members to practice hand washing before and after meals and clean bathroom after using it. The health of her family members is improving by reducing the diarrhoea (mostly in the dry season). She can save not under 10000 riels per one case diarrhoea treatment.

In addition, my family used a small plastic container to make small plantation such as garlic and ivory... etc. When the home is clean, friendly environment and clean air, the lives condition are better. Through this little knowledge, I will continue to use this simple practice in my family as well. "The two families and Ke Sreng showed their interest and raised their concerns that when looking at the village and on the road in the village with different sanitary but somewhere did not apply. If all people practice hygiene or have a village sanitation day for the dry season in each year, that can bring this village



aesthetically and healthy environment. It could be also a message to the general population as well.

Beside of that, they raised that because of climate changes, it provoked badly to the plantation such as corn, tomatoes destroyed and trillions insects destroyed the crop ... etc. They suggest that, if there will be a new training course on climate change adaptation, it should be introduced about the technical plantation for cultivating crops to adapt to climate change. It is essential for the people who are interested in farming.

However, both Mr. In Din and chief of Kandal village, they are still thankful for the Integrated Urban Environment Management Project in the Tonle Sap Basin Project, which is very beneficial and they are willing to work together. Together, in order to benefit the mutual benefits between the beneficiaries and the project owners for sustainable, health, social development and development.

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